

# Psychology Study Guides

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### **Psychology Study Guides**

Musculoskeletal injuries comprise a large percentage of hospital admissions for adults and often lead to chronic pain and long-term disability.

### **Study highlights the psychological and social concerns of musculoskeletal trauma patients**

This book offers original, pedagogically sound, classroom--tested activities for teaching statistics and research methods that engage students, teach ...

### **Activities for Teaching Statistics and Research Methods: A Guide for Psychology Instructors**

A recent study suggests that melatonin made in the lungs may have a protective effect in

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preventing entry of the COVID-19 virus into tissue. Melatonin's role in immune responsiveness and ...

### **Psychology Today**

George Miller, president of the American Psychological Association, urged his colleagues "to give psychology away." No, cynical reader, he was not instructing his followers to abandon the field.

### **The rise of pop psychology: can it make your life better, or is it all snake-oil?**

Lockdown may limit the time we can spend outdoors, but environmental psychologist Alex Smalley explains how you can get the benefits of being in nature, even if you're stuck inside.

### **A scientist's guide to life: How to get the best from nature**

It's not always clear what sort of mental health care is the right care. What can you expect from different levels of care, and where can you find it?

### **Navigating a confusing and complex mental health system: a guide to care**

Soccer penalties are some of the most high-pressure moments in team sports. Now, new research from the University of Twente in the Netherlands has added to a body of evidence suggesting that the ...

### **Get Your Head in the Game: New Study Looks at the Brain Activity Behind Missed Penalty Kicks**

When you practice "being present," you reap a variety of health benefits. According to the American Psychological Association, mindfulness reduces stress, boosts working memory, increases focus and ...

### **Your Wellness Guide: Mindfulness**

Mindfulness training could help protect university students against stress and anxiety, according to a new randomized controlled trial published in BMC ...

### **A brief mindfulness-based intervention could help reduce psychological distress among university students**

This pilot study will assess the feasibility, preliminary efficacy, and acceptability of the Diabetes-REM (Rescue, Engagement, and Management), a comprehensive patient-centered intervention delivered ...

### **A Study to Improve Diabetes Management Among Adults Experiencing Severe Hypoglycemia**

Question There is a large worldwide gap between the service need and provision for mental, neurological and substance use disorders. WHO's Mental Health Gap Action Programme (mhGAP) intervention guide ...

### **WHO mental health gap action programme (mhGAP) intervention guide: updated systematic review on evidence and impact**

Imagine you are working in a community agency and would like to offer a counseling or psychotherapy group. A survey of clients revealed that there is a community need to address the following group ...

### **COUN 5832 Counseling and Psychology Group**

In a bid to popularise psychology, the past half century has seen books written for the public published at an accelerating rate, bolstered by countless blogs, podcasts, magazines, TED talks and ...

### **On the legitimacy of pop psychology: Lack of scientific basis should prompt dismissal of subject, not snobbery**

A team of scientists in Australia has recently investigated the health condition of Australian citizens who lost jobs during the coronavirus disease 2019 (COVID-19) pandemic. The study findings reveal

...

### **Unemployed Australian citizens experience mental health deterioration during COVID-19 pandemic, finds study**

School psychologists are asked to systematically evaluate the effects of their work to ensure quality standards. Given the different types of methods applied to different users of school psychology ...

### **Measurement of the Effects of School Psychological Services: A Scoping Review.**

Researchers find that people with the learning disorder sample visual material slower and with more difficulty ...

### **Eye movements of those with dyslexia reveal laborious and inefficient reading strategies, according to Concordia study**

Musculoskeletal injuries comprise a large percentage of hospital admissions for adults<sup>1</sup> and often lead to chronic pain and long-term ...

### **Identification of Psychological Risk Factors in Orthopaedic Trauma Patients Could Improve Post-Injury Planning**

Endurance sports like running have increased in participation and popularity in recent years, and it is very common to find different mass participant sports events worldwide, gathering thousands of

...

### **Psychological Dimensions of Running and Other Endurance Sports, Among Unexplored Socio-Cultural Groups**

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