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Dr. John's Healing Psoriasis Cookbook. AVAILABLE AT AMAZON.COM. Dr. Pagano and his staff have worked with talented professional cooks in creating this special book with one primary objective in mind: to make life easier for the psoriatic, eczema, and psoriatic arthritic patient through the careful selection and preparation of the right foods.

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Dr. John's Healing Psoriasis Cookbook is the indispensable companion book to Healing Psoriasis. Weighing in at nearly 600 pages, this extraordinary cookbook provides over 300 kitchen-tested recipes designed for people suffering from psoriasis, eczema or psoriatic arthritis, plus plenty of general nutritional information and advice.

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YES, THERE IS! Answers are found in Dr. John O.A. Pagano's. award-winning book HEALING PSORIASIS: The Natural Alternative. in addition to. Dr. John's Healing Psoriasis Cookbook and. One Cause, Many Ailments: The Leaky Gut Syndrome.

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## **Dr. John's Healing Psoriasis Cookbook...Plus!: Pagano ...**

Andy has devised a nine-stage process that includes over 100 modern and accessible recipes to assist those who have psoriasis. This cookbook can empower those that would like to take ownership of their skin condition, to reduce the appearance of it and in a healthy, natural way.

## **About The Book | The Psoriasis Cook**

“This valuable cookbook is the indispensable companion to Dr. Pagano’s Healing Psoriasis: The Natural Alternative!” —Andrejs V. Strauss, MD, Department of Radiation Oncology, Beebe Medical Center, Lewes, DE

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In this companion book to Healing Psoriasis, Dr. Pagano provides an invaluable resource to aid millions of patients with psoriasis and eczema, featuring diet and nutrition advice,

